

# Move It Teacher Experience Weekend

## What?

Ever wondered what it would be like to be a Move It teacher? Passionate about classes and curious what goes into teaching? Wondering how we create that special studio sauce that is unique to Move It? Introducing the Move It Teacher Experience weekend. This weekend is open to anyone interested in learning more about what goes into developing classes at Move It and so much more.

## Why?

Every year, attendees to the Move It Barre Teacher Training weekend share that they wish more clients would take the weekend. They share that the value of the weekend extends beyond whether or not someone is interested in teaching. They share that the weekend not only taught them about movement and alignment in their bodies, but how to extend that to everyday life. They leave the weekend with epiphanies and inspiration. So, this year we're opening the weekend up for everyone who wants to can have this meaningful experience.

## When?

This year's weekend runs Friday, May 31 evening through Sunday, June 2 afternoon. It's the perfect way to fit some self-care and development into a weekend without interrupting your work flow!

## Where?

The weekend takes place at our beautiful location in Downtown Lancaster. Address is 33 North Market Street, Suite 200.

## Who?

The Move It Teacher Experience is open to anyone interested in learning more about our approach to barre, body alignment, musicality, self-care, and/or personal development. It's the perfect weekend for any Move It client looking to learn more and get some incredible movement education. Additionally, this weekend is required for those interested in joining the Teacher Training Apprenticeship program to become a Move It Barre Teacher.

Sessions are led by local experts including Move It Studio founder and owner, Marie Cleaves Rothacker, Master Pilates teacher Deb Nehlig, and more!

## How?

This opportunity is available to anyone interested. After signing up, you will be asked to complete an interest form so that we can best tailor the training to the needs of the group. The cost for the full weekend is \$650 and can be split into 2 or 3 payments. A \$150 down payment is required to reserve your spot. Scholarships available for those in financial need.

